# RI Governor's Overdose Prevention and Intervention Task Force Recovery Strategy Sub-Committee Minutes of the Meeting held on December 22, 2015 at 1:30-3:00 pm

#### **Location of Meeting:**

Anchor Community Center 249 Main Street Pawtucket, Rhode Island 02861

**Person Presiding:** Linda Mahoney

### **Members in Attendance:**

Judy Fox, Jonathan Goyer, Michelle Harter, Tommy Joyce, Cheryl LeClair, Ian Knowles, Kim Sande, Brianna Brigidi and Rosemary Petteruti

The meeting of the Recovery Strategy Sub-Committee was called to order at 1:30 PM on December 22, 2015 at the Anchor Community Center by Linda Mahoney.

### **Actions of Meeting**

- 1. The minutes of the December 15, 2015 meeting were distributed. A motion was made by Ian Knowles to accept the minutes, seconded by Tommy Joyce, all in favor, the motion was approved.
- 2. The purpose of this committee is to find ways to increase recovery supports, particularly peer recovery coaches, recovery planning and certifying recovery housing. Recovery support is particularly needed in hospital emergency rooms and prisons.

## **Consideration of New Business**

- 1. Updates from the four sub-committees:
  - a. Recovery Housing (Ian Knowles, Judy fox, Kim Sande and Delia Aguilar): Ian stated that this group needs to look at what other states are doing and explore options. Ian stated that certification is voluntary, not mandatory. There are three options for the certification process:
    - 1. Independent certification board. The stakeholders hire an administrator. There is continuous oversite.
    - 2. Non-governmental entity oversite. Concerned with the rights of the residents.
    - 3. The present Ocean State Coalition of Recovery Housing (OSCRH). They follow the national standards of NARR.

The biggest problem is that there is no incentive for recovery houses to become Certified. It was suggested that an incentive may be that a Recovery House could earn a certification from a Center of Excellence such as from the Eleanor Slater Hospital, Center for Excellence.

There could be levels, such as one, two, three, etc, to categorize the level of excellence of the Recovery House that would be then made public information.

- Discussion then went to the type of monitoring that would be needed that would be above and beyond using just peers.
- b. Peer recovery coach curriculum & training (Ian Knowles, Judy Fox, Michelle Harter and Tom Joyce): This is currently in revision. The current system is workable with proper training. The group is looking at incorporating other peer groups and organizations as one way to increase recovery supports. It was suggested that they also look at specialty groups. It was reported that currently peer recovery coaches have to be in recovery themselves, have gone through the training program and have put in 500 hours to become certified. Judy is working on a survey monkey for tracking active peer coaches and resources. She already has approx. a 25% return on her surveys.
- c. Legislation and regulation (Lisa Tomasso, Joshua Miller, Cheryl LeClair, Jonathan Goyer and Linda Mahoney): New legislation is being submitted in January for Chapter 108 in regards to "Recovery Planning" as part of the discharge planning
- d. Text line international (Dan McShane and Jonathan Goyer): Dan was not at the meeting to give an update on this sub-committee. Cost is being explored.
- 2. There will be a meeting for peer recovery coaches on **January 12** at the Anchor Community Center, 249 Main Street, Pawtucket. The goal is to inform and update current recovery coaches on information from the OD Task Force and to access the number of certified coaches and potential supervisors to be able to implement strategies being developed. Michelle Harter will work on gathering coaches to attend.
  - a. 12:00-1:00 all active/currently peer recovery coaches
  - b. 1:30-3:00 regular sub-committee meeting (All updates due)

### **Agenda and Time of Next Meeting**

The next meeting of the Recovery Strategy Sub-Committee will be held at 1:30 PM on Tuesday, January 5, 2016 at the Anchor Community Center, 249 Main Street, Pawtucket, Rhode Island 02861.

All sub-committee reports are due on January 12, 2016.

The next RI Governor's Overdose Prevention and Intervention Task Force meeting will be held on Wednesday, January 13, 2016 at the Dept. of Administration, Room 2A.

The meeting was adjourned at 3:00 PM by Linda Mahoney

Minutes submitted by: Rosemary Petteruti